

MASKED TENNIS SUMMER BALL

Plans are underway for the tennis section to organise a 'Masked Tennis Summer Ball' in the evening of **Saturday 23rd May** at the club. **We hope you will save this date in your diary** and think about inviting some of your friends and family who are not members. It will be a formal event with black tie plus a live band and you will be able to use your imagination for your mask. We hope to raise funds, partly for charity and partly to pay for additional floodlights in the future. If you are able to donate an auction or raffle prize, please let Peter Russell know. (Email: peter.a.russell@outlook.com)



TENNIS COURT GATES

There are currently a lot of problems with the entire system and the club has told us that the electronic gates have been switched off for now.

TENNIS FOLLOWED BY HARRY COLT DINING ON CERTAIN FRIDAY EVENINGS

The first Friday evening opening of the Harry Colt restaurant has taken place, which was enjoyed by twelve members, including the Club Captain. The next dates planned are: 20th March and 17th April. The Harry Colt room will be open between 6:30 p.m. and 8 p.m. for tables of 2 - 6 covers. A minimum of 12 covers are needed to open. Please let Alister know if you are interested in some tennis first. (Email: shawood@btinternet.com).

ANJAN'S DOUBLES TENNIS TACTICS

Doubles Tennis Tactics teaches you what positions and movements to use and what shots to make using proven patterns of play. These patterns will increase consistency, put more pressure on opponents and result in greater success.

1. **Take over the net-** If you can take over the net consistently in a doubles match, you will put pressure on your opponent by forcing them to play difficult low percentage shots and angle shots.
2. **Move side to side at the net-** If you move laterally at the net, especially when your opponent is about to hit groundstroke, it will put pressure on them. This will cause countless unforced errors and frustrate your opponents.
3. **Hit the ball to the net players feet-** If you force your opponent (net player) to play low volleys by hitting heavy topspin from the back court or playing soft low volleys over the net, then this will be usually a good time for you or your partner to poach and put the ball away.
4. **Hit groundstrokes deep in the court-** When you are returning or hitting crosscourt groundstrokes, try to hit deep in the court to push your opponent back or wide deep into the corner. This will enable you to charge forward for next shot and also it will allow the net player to attack.
5. **Attack the middle of the court-** This is a very effective doubles strategy as you are forcing your opponents to communicate and potentially cause confusion. Also you are taking away the angles of their next shot and they will have trouble passing you wide.
6. **Hit to the weaker player's backhand volley-** Almost every doubles player has a weaker backhand volley than forehand volley therefore if you can hit a hard or low shot at the backhand volley of the weakest opponent, you will likely make them miss or get an easy next shot.

Thank you Anjan.

WIMBLEDON DRAW TOURNAMENT – NEW EVENT

Please let Andrew Kolesnikow know if you wish to play in the Wimbledon Draw Tournament this year. All Moor Park members are invited to play. This is planned for the morning of **Saturday 25th April**.

Start Time: 9:45 a.m.

Entry Fee: £5.00

Closing Date for Entries: 21st April 2020. Please email: A.Kolesnikow@btinternet.com

Following the tournament, at approximately 12:30 p.m, Wimbledon tickets allocated to Moor Park by the LTA will be drawn from a hat or similar **to Opted In Members**. We have been told that the LTA will be allocating 28 pairs of tickets to Moor Park this year. Even if you are not able to play in the tournament, please do come along to see if you have won any Wimbledon tickets.

TENNIS COURT USAGE TRIAL

The following groups will have priority for use of floodlit courts during the winter season:

- Tuesdays and Wednesdays: Adult members play 5:30 – 7:30 pm
- Thursdays: Coaching 4 p.m. to 7 p.m.
- Fridays: Junior coaching 4 p.m. to 10 p.m.
- Saturdays, Sundays, Mondays: Flexible (booking recommended)

Please contact Alister if you would like to feedback on these plans. His email address is shawood@btinternet.com .

Tennis News has previously mentioned a new online system to view court priorities. It can be used on your computer, tablet or Smartphone. Please can you feedback to us your views. We are planning to launch a wider trial from 1st April. Please contact Carey if you would like to be set up on the system. Her email address is carey@philpott.tv .

INDOOR TENNIS TABLE AVAILABLE TO ALL MEMBERS

Any Moor Park member can use the table tennis table that was initiated by the tennis committee, if the Orangery is available. You will need to assemble the table before use and make sure it is packed away after play and the room is left clean and tidy. The table is stored in the side room to the Orangery and the net, bats and balls are being stored in the cupboard in the Information Room for the time being. We expect interest when the golf course is closed, the weather is not good enough for tennis, for junior use and for those that just enjoy table tennis! There is no charge for using this facility.

MOOR PARK FIRST AIDERS

Please find below the latest list of trained **First Aiders** at the Club:

ALL TRAINED IN THE USE OF THE DEFIBRILLATOR

<u>NAME</u>	<u>LOCATION</u>
Dhiraj Gurung (until 20 th Jan 2023)	RECEPTION
Nico Fortuna (until 20 th Jan 2023)	RECEPTION
Luke Ventiroso (until 27 th Nov 2021)	RECEPTION
Pauline Black (until 27 th Nov 2021)	RECEPTION
Jose Castano (until 27 th Nov 2021)	RECEPTION
Pawel Gornicki (until 5 th Feb 2021)	BAR
Jake Medcalf (until 27 th Nov 2021)	BAR
Tom Dell (until 19 th Sept 2020)	MAINTENANCE
Magnus Saunders (until 22 nd Mar 2021)	KITCHEN
Charlie Doherty (until 27 th Nov 2021)	RANGER
Neil Gibson (until 27 th Nov 2021)	GREENS
Shawn Lake (until 27 th Nov 2021)	GREENS
Charlie Turner (until 27 th Nov 2021)	GREENS

IN CASE OF EMERGENCY OR ACCIDENT CALL

01923 773146 (MANSION)

07842 101798 (DUTY MANAGER)

Updated 29/01/2020

SOCIAL TENNIS

- **WEDNESDAY EVENING SOCIAL TENNIS:** This session is continuing throughout the winter this year. If unsure about the weather and you are not on the WhatsApp group, please ask to be added. The session is open to all members, play will start at **5:30 p.m. and end 7 p.m.** under floodlight. If you wish to eat at the club after the tennis, you will need to pre-order your food. Partners who do not play tennis are welcome to join the group and eat after the tennis has finished.
- **SATURDAY AFTERNOON SOCIAL TENNIS: From 1.45 p.m.**

CARDIO TENNIS

Cardio tennis will run every **Wednesday morning at 9.30-10.15 a.m. starting again in March** if 4 or more members commit. Everyone is welcome to attend and the cost is £5 a head. It is best to join the WhatsApp group if interested by contacting Vivien on email (vivienmrowiec@gmail.com) and letting her know your mobile number for WhatsApp.

TEAM TENNIS

Team tennis sessions run on **Sundays at 11am**. Please contact Vivien by email vivienmrowiec@gmail.com if you are interested in being added to this WhatsApp group.

MATCH RESULTS

On 3rd March, Moor Park fielded a team in the Hatch End mid-week league against Wayfarers, ably captained by Dee Cohen. This was the first match of the league this year, Moor Park having been promoted from division 4 to division 3 last year. Wayfarers had been demoted from division 2 to division 3. Games were very enjoyable but Wayfarers proved to be the stronger team winning 7 sets to 2. Thank you to the Moor Park team, Dee Cohen, Sophia Pittas, Heather Benjamin, Sarah Starr, Meg Kelly and Carey Philpott.



WELFARE OFFICER: KAMLESH VARA

Kamlesh is our Moor Park Tennis Welfare Officer. He is responsible for creating a safe and inclusive venue for everyone and is **the main point of contact for all children and adults to report concerns and disclosures**, in line with the tennis club's reporting procedures and prioritising the wellbeing of children and adults at risk at all times. The club's legal documents such as Safeguarding, Whistleblowing and Diversity and Inclusion policies can be found on the pavilion noticeboard and mansion reception tennis file, as well as the Moor Park tennis website. Kamlesh can be contacted on **07796 940067** or by email kamlesh.vara@googlemail.com .

Moor Park Tennis Club

WELFARE
OFFICER



NAME

Kamlesh Vara

CONTACT

07796 940067

EMAIL

kamlesh.vara@googlemail.com

ABOUT ME

- I am married and have two daughters aged 21 and 16.
- I work at JPMorgan and have worked in the Banking sector for 25 years.
- I assist the tennis coaches at Moor Park LTC in developing the junior section of the club. I also enjoy playing golf.
- I am on the committee of a community centre in Harrow, developing cultural and sporting activities.

Reporting a Concern:

Please contact

- Kamlesh as above, otherwise
- Moor Park Safeguarding contact, Denise Fiori (email: denise.fiori@moorparkgc.co.uk) or
- Herts Tennis Safeguarding Officer, Tessa Terry, (email: csohertfordshire@gmail.com) or
- the LTA on 0208 487 7000 (email: safeguarding@lta.org.uk).
- In an emergency please call the police on 999.

Tennis
SCOTLAND



TENNIS WALES TENIS CYMRU LTA

Tennis
FOUNDATION

LTA
BRITISH
TENNIS

Reporting a Safeguarding Concern within the Tennis Environment

How to respond to concerns that arise within a tennis environment.

For Tennis Wales / Tennis Scotland cases, on-going consultation will take place with them.

Useful details

LTA: 0208 487 7000

Email: safeguarding@lta.org.uk

Report a concern:

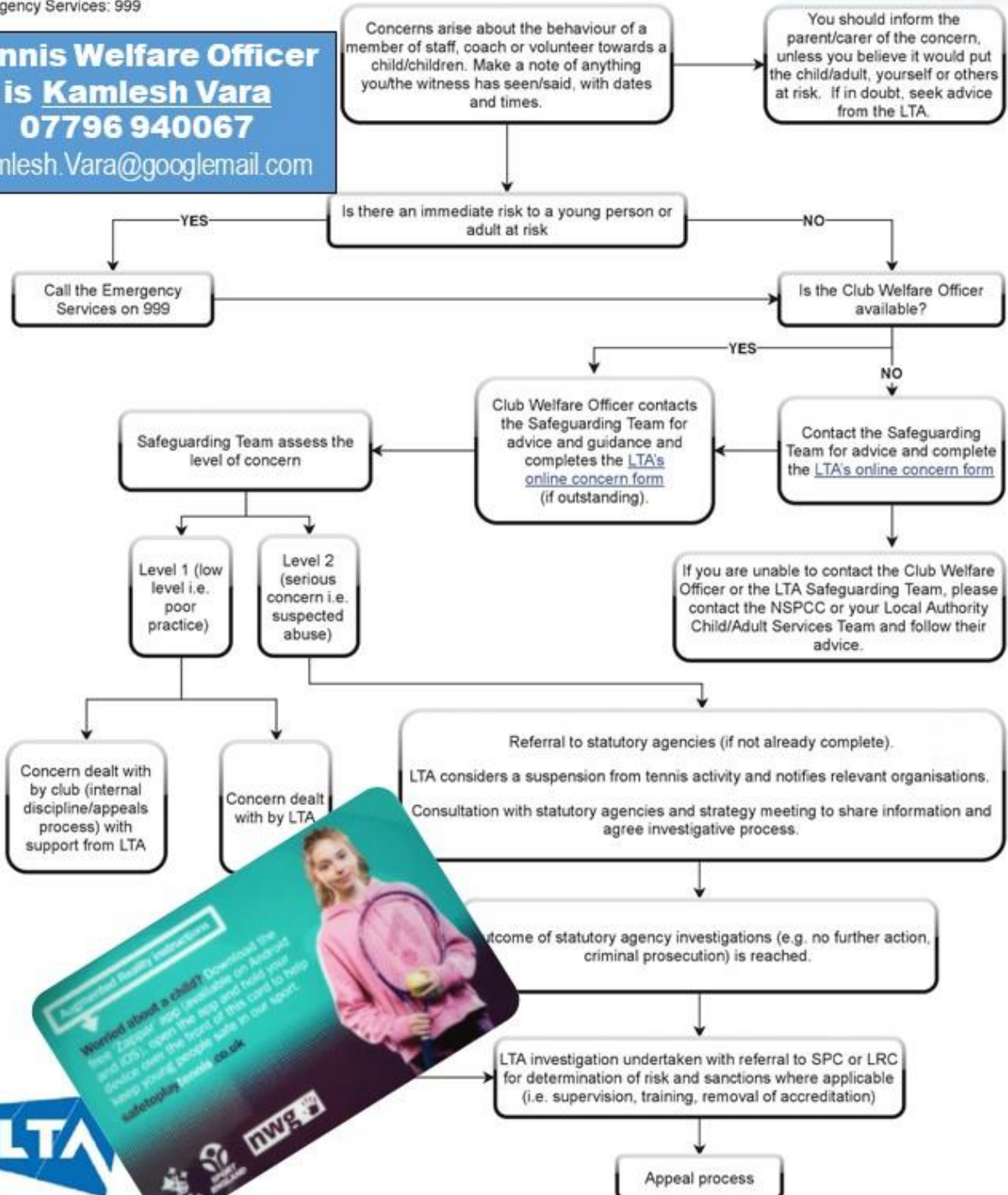
<https://safeguardingconcern.lta.org.uk>

NSPCC: 0808 800 5000

Emergency Services: 999



**Tennis Welfare Officer
is Kamlesh Vara**
07796 940067
Kamlesh.Vara@googlemail.com



PREVIEW OF DATES FOR THE YEAR

Sat.	Mar.	14	Herts Ladies Seniors Over 40s v Letchworth B Away (Re-arranged)	1 pm
Wed.	Apr.	1	Games and Grill – CHANGE OF DATE	
Mon.	Apr.	13	Open Mixed Tournament (Easter Bank Holiday)	9:45 am – 4pm
Sat.	Apr.	25	Wimbledon Social and Draw - NEW EVENT	9.45 am
Wed.	May	6	Games and Grill	
Fri.	May	8	VE Day Tournament - NEW EVENT	9.45 am
Sat.	May	23	Tennis Summer Ball	7 pm
Mon.	May	25	Open Intermediate Level Tournament (Spring Bank Holiday)	1 pm
Sun.	May	31	Ascotian Club Grass Court Challenge	10 – 6.30 pm
Sat.	Jun.	6	Anniversary Tournament	9:45 am
Fri.	Jun.	12	Ladies Spritzer /Handicap	9.45 am
Fri.	Jun.	19	Games and Grill/Extravaganza	
Sun.	Jun.	21	Moor Park Vets v The Bar	10 am – 1 pm
Sat/Sun	Jun.	27/28	Varsity Match	10 am – 5 pm
Sat.	Jul.	4	Captain's Day Tournament	9:45 am
Wed.	Jul.	8	Games and Grill	
Sat.	Jul.	18	ICGB v IC of Germany	10 am – 2 pm
Sun.	Jul.	19	ICGB v IC of Germany	10 am – 2 pm
Sat.	Jul.	25	Club Championships	All day
Sun.	Jul.	26	Mixed Match v 45 Club	12 noon
Sun.	Aug.	9	Golf v Tennis Social Match	2.30 pm
Sun.	Aug.	9	Tennis and Putting Competition	2.30 pm
Wed.	Aug.	12	Games and Grill	
Sat.	Aug.	29	Kolesnikow Cup	10 am – 1 pm
Sun.	Sep.	20	AGM Tennis Tournament	1 pm
Sun.	Sep.	20	AGM	4 pm
Tue.	Dec.	8	Ladies Tennis Lunch	
Sat.	Dec.	12	Mince Pie & Mulled Wine Tournament	9:45 am

OTHER INFORMATION

Spring: Tuesday evenings from 5th May Team practice.

RULES AND HEALTH AND SAFETY REQUIREMENTS

These are displayed in the Pavilion notice board and Mansion file kept by reception.

PLEASE JOIN OUR WHATSAPP GROUP IF YOU HAVE NOT ALREADY DONE SO

We would like to encourage all tennis players to be a member of the main tennis WhatsApp group, so we can keep in contact with tennis news. If you are not on the group and wish to be added, please ask either Joan, Carey, Peter or Annick and let us know your mobile phone number. (Carey's email address is carey@philpott.tv).

DO YOU HAVE ANY CONCERNS ABOUT THE TENNIS SECTION?

If any member has any concerns about issues relating to tennis in the club they are encouraged to raise these with the Tennis Chairman (Alister Heaphy), Lady Captain (Dee Cohen) or Men's Captain (Nigel Buckman). Additionally, any committee member can also help solve tennis issues and will liaise with the tennis captains on these. Generally, important decisions relating to tennis will be made by the consensus view of the tennis committee. The Committee members for 2019-2020 are Alister Heaphy (Chairman), Peter Russell (Treasurer), Dee Cohen (Lady Captain), Nigel Buckman (Men's Captain), Katie Naylor, Anjan Chowdhury (Junior Liaison), Vivien Mrowiec (Vice Lady Captain), Joan Roy and Carey Philpott.

OTHER SOCIAL EVENTS WITHIN MOOR PARK CLUB

- **Saturday 4th April: South American evening** with recipes from the region prepared in-house by our own chefs and followed by dancing to South American band, Palenke. Further details of the event can be found on the Club web site via this link <https://form.jotformeu.com/200352933014342> and information on the band through this web site - <https://www.warble-entertainment.com/palenke>. Members and guests are equally welcome.

There will also be a couple of taster salsa dance lessons ahead of the evening on Tuesdays 24th and 31st March which is an opportunity to learn a bit for the ensuing evening! Bookings for both can be made through reception and Jotform <https://form.jotformeu.com/200353930665352>.

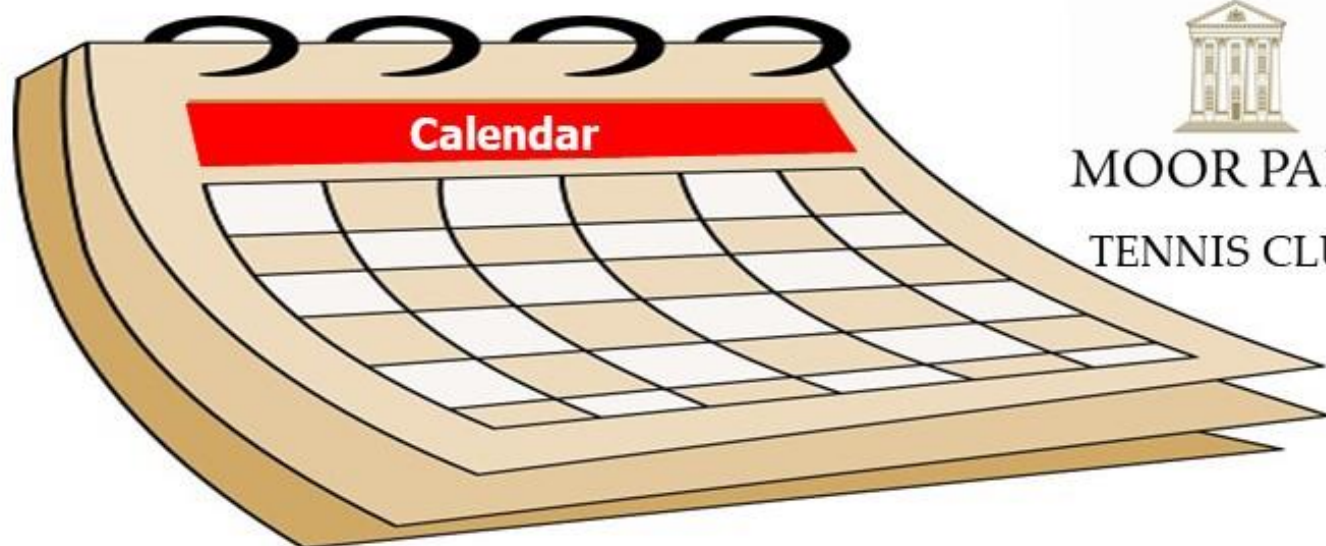
- **Saturday 2nd May: Call My Wine Bluff**. Details of the event will be published soon but I hope that the following will encourage you and you can save the date.

Teams of participants (tables of up to 6) will decide who is telling the truth! This is a light-hearted, blind-tasting wine competition which follows the format of TV's "Call My Bluff" panel game. Mystery wine is poured. Three MPGC "expert" panellists pontificate. Only one is telling the truth!

Now it's your table's turn to taste the wine and decide who is telling the truth and who is bluffing. This is a fun event, a chance to relax and not take the tasting too seriously. Don't be swayed by wicked mis-information slipped in by the "experts"!

You will be offered several rounds of wine to taste and will be treated to cheeses, biscuits and bread. Prizes for the winning table!

- **Early May bank holiday, Friday 8th May: 75th anniversary of VE Day**: The golf section are going to organise a shotgun competition where the entry fees will be donated to the Royal British Legion. The tennis section will also organise an event on this day.



MOOR PARK
TENNIS CLUB

DATES FOR YOUR DIARY

Remember **social tennis**, Saturdays 1:45 p.m and Wednesday evenings 5:30 - 7 p.m. (please book food in advance).

Also **Cardio** tennis Wednesday mornings 9.30-10.15 a.m. re-starting in March and **team tennis** most Sundays 11 a.m. (please join WhatsApp groups).

IMPORTANT DATES TO SAVE FOR 2020

- Masked Tennis May Ball: Saturday 23rd May

Do you want to watch home competitions?

- Tuesday 21st April v Lowlands 2 9:30 a.m. Ladies Hatch End League
- Tuesday 28th April v Dukes Wood 2 9:30 a.m. Ladies Hatch End League
- Tuesday 12th May v West End Pinner 9:30 a.m. Ladies Hatch End League
- Thursday 14th May v Greenwood Park 6:30 p.m. Watford & District Mixed League
- Thursday 28th May v Leverstock Green 6:30 p.m. Watford & District Mixed League
- Thursday 4th June v Croxley 6:30 p.m. Watford & District Mixed League
- Thursday 25th June v Northwood 6:30 p.m. Watford & District Mixed League
- Thursday 9th July v OA 6:30 p.m. Watford & District Mixed League
- Thursday 23rd July v Townsend Park 6:30 p.m. Watford & District Mixed League